



# GNSA PRIMARY LUNCH MENU

## SUMMER 2021

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
19/04/21 03/05/21 17/05/21 07/06/21 21/06/21 05/07/21	Yellow Lentils Mixed Vegetable Rice Or Naan Bread with Plain Yogurt  Rice Pudding	Macaroni Cheese Pasta with Sweetcorn Garlic Bread  Fresh Fruit Salad	Meat Free Vegebangers Green Beans Mashed potato with Gravy  Strawberry Mousse	Cauliflower, Broccoli Cheese Bake with Saute Potato Mix Sweetcorn Salad  Fruit Jelly	Tomato Basil Pasta With Mix Vegetables Bread Roll  Cake & Custard
<b>Allergy Advice</b>	Naan Bread Contains: Milk, Wheat (Cereal containing Gluten) Rice pudding Contains: Milk	Pasta Contains: Wheat, Gluten Sulphur Cheese Contains: Milk Garlic Bread Contains: Wheat (Cereal containing Gluten) Dessert Contains: Milk	Sausage Contains: Barley, Wheat & Gluten  Contains: Milk	Contains: Wheat, Gluten, Milk	Pasta, Crumble & Custard Contain: Wheat (cereal containing Gluten ), Milk
WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
26/04/21 10/05/21 24/05/21 14/06/21 28/06/21 12/07/21	Mutter Paneer Vegetable Rice / Naan  With plain Yogurt  Milk Semiya	Vegetarian leak ,Onion & Potato Pie Peas & Carrots mix With Gravy  Raspberry Fruit Smoothie	Soya Veg Balls with Pasta  Carrots  Apple Crumble with Custard	Vegetable Burger In a Bun  Baked Beans Potato Wedges  Chocolate Mousse	Vegetable Chow Mein Noodles with Vegetable Spring Roll  Wholemeal Oat Cookies
<b>Allergy Advice</b>	Paneer & Pudding Contains: Milk Naan Bread & Pudding Contains: Wheat & Milk (Cereal Containing Gluten)	Pie Contains: Wheat, Gluten Sulphur, Milk	Soya Balls Contains: Soya, Barley, & Wheat Pasta,  Crumble & Custard contains: Wheat cereal Containing Gluten, Milk	Burger Contains: Wheat & Sulphites (>10ppm) Milk Bun Contains: Soya, Gluten & Wheat	Noodles Contains: Wheat, May contain traces of Barley, Milk Cookies contains: Oats, Wheat, Gluten

